



ANGIOGRAPHIC CHARACTERISTICS OF PATIENTS WITH CORONARY HEART DISEASE WITH VARIOUS DEGREES OF OBESITY

Zhuraliev M.Zh., Nagaeva G.A., Makhmudov F.O., Abdunugmanova M.Kh.

JV LLC multidisciplinary medical center “EzguNiyat”, Tashkent, Uzbekistan

Introduction. Comparison of coronary angiography in patients with CHD and various degrees of obesity.

Material and methods: 81 patients CHD and body mass index (BMI) ≥ 30 kg/m² were examined. 3 groups were distinguished: 1g. - 64 (BMI=30.0-34.9 kg/m²); 2g.- 12 (BMI=35.0-39.9 kg/m²) and 3g. - 5 patients (BMI ≥ 40.0 kg/m²).

Results: Men prevailed in all groups, however, in 3g. the number of women = 40%, which was 15% more than in 2g. ($p=0.917$ and $\chi^2=0.011$) and 21.2% more than in 1g. ($p=0.575$ and $\chi^2=0.214$). By age, patients of 3g. were 5.2 years younger than those of 2g. and 1.2 years younger than patients of 1g. (all $p>0.05$). The total number of affected arteries (CA) in all three groups was about 1.4 ± 0.7 units, and the number of affected segments was 1.6 ± 0.8 units; all $p>0.05$. The diameter of the affected CA was the largest in 3. (difference with groups 1 and 2 = 0.1 and 0.4 mm, respectively), and the length of the lesion was the smallest (8.0 mm and 5.8 mm shorter than in the 1st and 2nd group); all $p>0.05$. Characteristic for 3g. was the prevailing lesion of the circumflex artery (40% - in 3g. vs. 14.1% - in 1st ($p=0.373$ and $2=0.795$) and 16.7% - in 2nd ($p=0.685$ and $2=0.165$)), while over 80% of lesions were localized in the anterior descending artery.

Conclusion: With BMI ≥ 40.0 kg/m², predominance - female, young age, the largest diameter and smallest length of the lesion.